

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

PRESENTATION FORM

Presenter Bio

Please include your full name, credentials, degrees and information about your position and place of employment. **Please send a copy of your CV along with this completed form.**

Robert O. Cotes, MD, is an Associate Professor at Emory University School of Medicine in the Department of Psychiatry and Behavioral Sciences. He serves as Physician Expert for SMI Adviser (www.smiadviser.org), which is funded by the Substance Abuse and Mental Health Services Administration and administered by the American Psychiatric Association. SMI Adviser provides evidence-based resources to clinicians, individuals with serious mental illness, and their families.

He is Director of the Clinical & Research Program for Psychosis at Grady Health System, which comprises of two clinical programs: 1) PSTAR Clinic (Persistent Symptoms: Treatment, Assessment and Recovery) and 2) Project ARROW (Achieving Recovery through Resilience, Optimism, and Wellness). The PSTAR Clinic provides evidence-based, recovery-oriented care for individuals with persistent symptoms of psychosis, specializing in the use of clozapine. Project ARROW is a coordinated specialty care team for people experiencing early psychosis, offering comprehensive, person-centered care using a multidisciplinary approach. Dr. Cotes is an investigator for multiple research studies focused on treatment options for psychosis. His research focuses on clozapine and early psychosis.

Name and Narrative Description of your Presentation

Please determine if it is introductory, intermediate, or advanced.

Presentation Title: Your Guide to SMI Adviser - Building Community and Advancing Interdisciplinary Care

Level: Appropriate for Introductory and Intermediate Learners

Description: SMI Adviser is a 6-year initiative funded by the Substance Abuse and Mental Health Services Administration and administered by the American Psychiatric Association. SMI Adviser's vision is to transform care for people who have serious mental illness so that they can live their best lives. To date, the website has been accessed over 1.8 million times and has been a resource for over 70,000 interdisciplinary learners. In this presentation, we will provide clinicians, individuals, and families a guide to the resources at SMI Adviser. We will specifically focus on resources that are found in our Centers of Excellence section, focusing on tools in the Clozapine and Long-Acting Injectable areas. We will also guide clinicians through our consultation service and share insights from the types of questions our users most commonly ask.

Three (3) learning objectives

By the completion of this session, participants should be able to:

1. Demonstrate knowledge of the available resources on SMI Adviser's educational catalog and knowledge base.
2. List and describe three tools in SMI Adviser's Clozapine or Long-Acting Injectable Center of Excellence.
3. Outline the process of accessing SMI Adviser's consultation service, demonstrating the ability to effectively seek guidance to help make evidence-based treatment decisions.

Three (3) current (within the past 10 years) *peer-reviewed* publications that support the evidencebase for the content of your presentation

Publications must be listed in American Psychological Association (APA) Style (see www.apastyle.org for more information).

APA format for journal article citation:

Author last name, Author First Initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal*. volume(issue) (if issue numbered), pages.

1. Cotes, R. O., Rolin, D., Meyer, J. M., Young, A. S., Cohen, A. N., & Gorrindo, T. (2021). A survey of personnel and services offered in 32 outpatient US clozapine clinics. *BMC Psychiatry*, 21(1), 583. doi:10.1186/s12888-021-03584-6
2. de Leon, J., Schoretsanitis, G., Smith, R. L., Molden, E., Solismaa, A., Seppälä, N., . . . Müller, D. J. (2021). An International Adult Guideline for Making Clozapine Titration Safer by Using Six Ancestry-Based Personalized Dosing Titrations, CRP, and Clozapine Levels. *Pharmacopsychiatry*. doi:10.1055/a-1625-6388
3. Cotes, R. O., & Goldsmith, D. R. (2022). The Tortoise Beats the Hare: The Case for Slow Clozapine Titrations with Serial CRP Monitoring. *Psychiatr Danub*, 34(3), 428-429.

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